



FAMILY FOOD FUN

OXFORDSHIRE FOOD SUPERSTARS



MAKE THE MOST OF YOUR FOOD
WITH TIPS, INSPIRATION & RECIPES



Get creative in the kitchen



THE GOOD FOOD COOKING TOOLKIT



www.penmendonca.com 2020

T.V. SHOWS Easy flexible recipes



Great ideas from across the U.K.

DAILY KITCHEN LIVE



Recipes, Tips & Hacks

KEEP COOKING & CARRY ON



Make the most of leftovers Avoid waste

FOOD SURPLUS COOKBOOK

Make a little go a long way



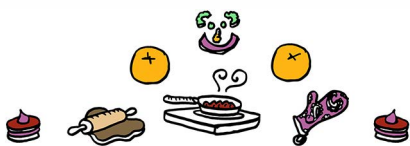
Store food in ways that make it last

A-Z OF FOOD STORAGE



Inspire children = veggie loving habits

EAT THEM TO DEFEAT THEM



Safety in the kitchen, fun recipes & activities

COOK ME AT HOME



OXFORD GREEN WEEK (JUNE 2020)

Allotments & Community Gardens



Switch Up Your Lunch Campaign

Veg Growing Activities